

# Letter from the Business Manager, Mona Hassan 

Dear Parents,
Someone told me eight months ago that time flies at Khartoum American School but I never really believed it until I realized that its already February and the time has already come to start preparing for the next academic year 2013-2014.

My experience at KAS for the last eight months has been nothing but full of life, laughter, joy and a lot of hard work. Watching the amount of hard work and full dedication being put in by everyone who is part of the KAS community, the teachers, administration, the students and even the guards and cleaners has proved to me that I have made the right decision in joining KAS. Eight months down the line, I feel privileged being a part of this professional community.

The number of students has definitely grown since the beginning of the school year. This increase in enrollment only proves to that everyone's hard work is paying off and we are on the right track. We are almost at capacity in our preschool classes with very few spaces left in some of the middle school classes. The number of students we now have at KAS is the highest number we have had in the last ten years. Having said that, I would like to let you know that we will start accepting applications for the new academic year (2013/2014) earlier than the previous year. It is only your right as being part of KAS community to get the priority in spaces when registering your children in the school so if you have more children that you are planning to enroll, you can come see me or download the application form from our website: www.krtams.org. Please submit your application forms to the school before February 21st 2013.

On that note, I would like to wish you all a happy weekend and I am looking forward to seeing more of you enjoying the pool over the weekend.

## Letter from the Middle and High School Principal, Susan Boutros

It is the start of the second semester at Khartoum American School. The beginning of a new semester means that high school students are back at square one, no matter how long they have been in school. In the beginning of a new semester, students are adjusting to a new schedule, maybe adapting to new teachers and the difficulty of their continuing classes has probably increased from last semester.

These are some tips for starting the semester on a positive note and ultimately helping students succeed.

- Managing your time can be the biggest challenge. It feels like there are so many things to do all of the time! However, finding a time management strategy
that works for you is essential to being successful this new semester. Being organized and staying on top of everything from the start of a new semester will help you maintain control from the very beginning. Here are some tips on how to manage your time:

1. Use a calendar. You can use a paper calendar or your mobile phone calendar. No matter what kind it is, though, make sure you have one.
2. Write down everything. Write down everything you have to do in one place.
3. Schedule time to relax. Don't forget to schedule in time to have some rest.
4. Keep trying new systems. Keep trying new systems to stay organized until you find one that works for you. For example, Try color-coding to help simplify things written down on your calendar each day.
5. Allow for flexibility. Things inevitably come up that you weren't expecting. Leave room in your calendar so that you can move things around a little when other important things come up.
6. Plan ahead. Do you have a large research paper due the last week of the semester? Work backward in your calendar and figure out how much time you need to write it, how much time you'll need to research it, and how much time you'll need to pick your topic. If you think you'll need six weeks for the entire project, work backward from the due date and schedule the time into your calendar before it's too late.
7. Plan for the unexpected. Sure, you just might be able to pull off two papers and a presentation during final exams week. But what happens if you catch the flu the night you're supposed to be pulling the all-nighter? Expect the unexpected so you don't have to spend more unplanned time trying to fix your mistakes.
8. Schedule rewards in. Schedule a fun afternoon with some friends; your brain will need it, and you can relax knowing that you're not supposed to be doing anything else.

- Take a reasonable course load. Taking all the advanced courses this semester may sound great in theory, but it most likely will be very difficult to manage. Sure, it may seem like a good way to improve your transcript, but the lower grades you might get because your course load is too heavy is a sure way to bring your transcript down, not up. If you absolutely must carry a heavy course load for some reason, however, make sure that you've cut down on your other commitments so that you don't put too many unreasonable expectations on yourself.
- Have your computer folders and papers organized
- Have a reasonable amount of co-curricular involvement. You don't want to be so over involved that you barely have time to eat and sleep, but you most likely do need to be involved in something other than your classes all day long.


# Physical Education at KAS 

This year the elementary PE teacher has taken the athletics of the elementary very seriously and his objective is that by the time they reach middle school the students are as good athletes as they are students.

Thanks to all the hard work this year some elementary students have developed great motor skills, running laps is no longer hard but enjoyable for most, and learning new sports has becomes a major entertainment.

In these modern times being athletic is not only positive it is necessary and healthy. It should not be an option, it should be a must for our future generations. Children should learn this at school and at home.

This week fifth grade has experienced what


Grade 1 have been learning about healthy living. This topic highlights the importance of exercise, diet, hygiene and sleeping habits. Discussions on the topic can be very entertaining: "Why is everything that tastes good actually really bad and everything that tastes bad actually really good?" Well isn't that the eternal question? Any of you who have ever been on a diet will understand all to well that some higher power is clearly playing tricks on us by creating fried food and chocolate. It can be a profound experience when you get hit with a very innocent, seemingly silly question that reverberates through the ages. As fate would have it I ended up hearing the exact same question, uttered word for word in the staff room by one of the teachers no more than one hour later.


## Middle School Student Council (MSSC)

The Middle School Student Council (MSSC) has been working very hatd this yeat to create meaningful and dctivities for the middle sctool student meaningful and fun They have raised over 1000 SDG ant body and staff, events including a Halloween SDG and hosted multiple semester. Fot the new semester, MSSc in the last range of activities, and semester, MSSC is planning a wide with the High School Cotntrunt mote with in collaboration UPCOMING EXENTS
MSSC will be hosting a pool party to celebtate Xalentines Day, and a hew semester in the upcoming month. This will wither be ath exening of day event. Other MSSC events will be a trip and a cultural event duting Sudan days.

## MEMBERS

## MSSC

time to consists of students who ate willing and put in the classmates. They have taken the tesponsibity fore fellow dedicated their time to achieve thesponsibility and task.

## Mr. Hovde's Amazing MATH Contest



## Elementary School Math problem:

Kindergarten: Graph the following on a bar graph:
4 cats, 2 dogs, 3 fish, 1 elephant.
Grade 1: How much money will I have if I find two quarters, three nickels, one dime, four pennies and one more quarter?
Grade 2: What is your favorite weather? And answer the addition question.

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Grade 3: What is the largest area for a rectangle that you can make with 26 toothpicks? Draw.
Grade 4: The Nile River in Africa is about 4,160 miles long. The Huang River in Asia is about 800 miles shorter than the Nile. How long is the Huang River?
Grade 5: List 4 possible ways you can interpret a remainder in a Division Number Story.


## Middle School Math problem:

Shelley's new job has a starting salary of \$16,000 and annual increases of $\$ 800$. How much money will she earn during her 5th year? Show work.

## High School Math problem:

Find the equation of the line that passes through the point $(2,3)$ and is perpendicular to the line $y=3 x+5$.

Solutions from the last week: Kindergarten: 1. Above, 2. Below, 3. Answers will vary. Grade 1: $4+5=9 \quad 5+4=9 \quad 9-5=4 \quad 9-4=5$; Grade 2: Bring a graph; Grade 3: $256+412$ = 668; Grade 4: 120, 180, 450; Grade 5: $\$ 6.56$ divided by $4=\$ 1.64$ Please check work.; Middle School: 14 ; High School: 80;


## Last Week WINNERS



Joy-KG, No Winner-G1, No Winner-G2, Neeka-G3, Amina-G4, Mohammed Elsatih-G5, Ali-G6, Haider-G8. Week before we had two Middle School winners: Sakuntala-G7, Wang-G8.

## KAS Sport

It was an amazing win for the KAS girls at the Khartoum Cup with spectacular results of 9-0 and 6-1! Not only that, the last loss of KICS in their game against Unity gave the KAS U18 girls' team first position in the league in both the U15 and U18 division.
The U12 league started two weeks ago as some parents already know, and after hard practice, the boys got what they deserved, a clean win against the Unity boys by a score of $4-2$, and the difference could've been greater than that if it wasn't for the time (our adversaries were saved by the bell). Our U12 girls also earned 3 points on their last game. Way to go KAS teams!
So to sum up, our U14 undefeated girls team won the league, our U18 girls team won the league and the Khartoum Cup, and this weekend our U12 girls and boys team won their games. Majestic start for a new year!


In addition please check U12 soccer schedule for Feb. 2013:

| Sunday | Monday | Tuesday | Wednesday 30 | Thursday 31 |
| :---: | :---: | :---: | :---: | :---: |
|  |  |  | U12 Boys @ KAS U12 Girls @ KICS |  |
| Sunday 3 | Monday 4 | Tuesday 5 | Wednesday 6 | Thursday 7 |
| U12 Boys - Mr. Khalifa U12 Girls - Mr. Abdelrazig |  |  |  | U12 Boys @ UHS U12 Girls @ KAS |
| Sunday 10 | Monday 11 | Tuesday 12 | Wednesday 13 | Thursday 14 |
| U12 Boys - Mr. Khalifa U12 Girls - Mr. Abdelrazig |  |  |  | U12 Boys @ NVA U12 Girls @ KAS |
| Sunday 17 | Monday 18 | Tuesday 19 | Wednesday 20 | Thursday 21 |
| U12 Boys - Mr. Khalifa U12 Girls - Mr. Abdelrazig |  |  | $\begin{array}{\|l\|} \hline \text { U12 Boys @ KAS } \\ \text { U12 Girls @ NVA } \\ \hline \end{array}$ |  |

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